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Opioid Cohort Consortium (OPICO)
to investigate the effects of regular opioid use on mortality
and on cancer development

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International Agency for Research on Cancer (IARC - WHO)



International 100K Cohort Consortium



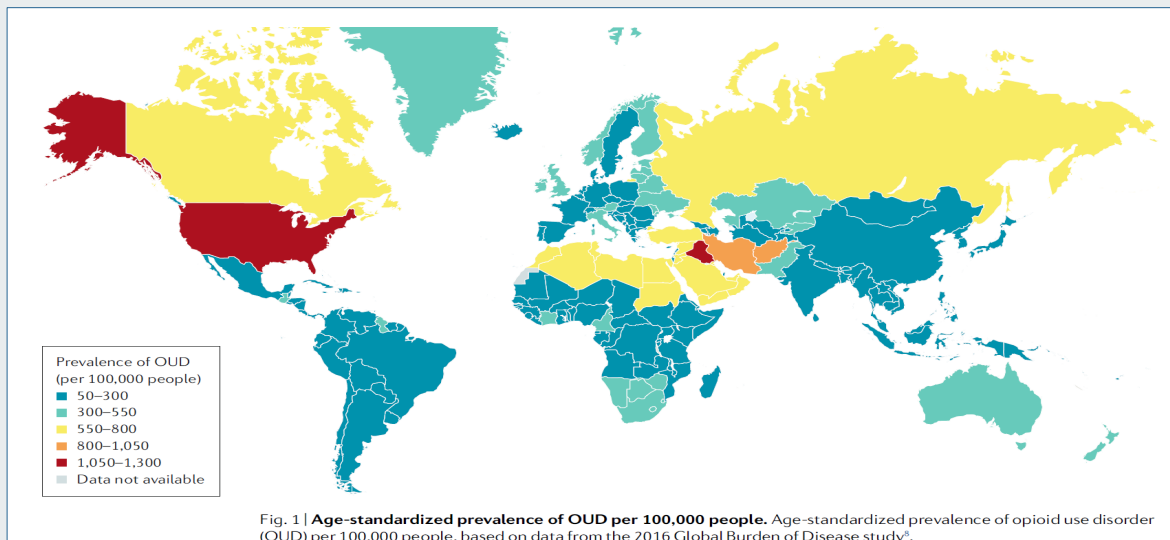
Outline

- Overview of the project and its aims
- Current status
- Progress made
- Feasibility study
- Plans for further funding
- Challenges and solutions



Global crisis of opioid use

- Thousands of deaths and billions in economic losses each year
- Long-term health consequences remain unknown



Opioids Definition

- **Natural opioids (opiates):** opium and its natural derivatives
- **Semi-synthetic opioids:** synthesized in labs from natural opioids
- **Synthetic opioids:** synthesized in labs using the same chemical structures of natural opioids to mimic their effects

Natural prescription opioids

Morphine, Codeine, Thebaine, Powdered Opium, Opium syrup

Semi-synthetic prescription opioids

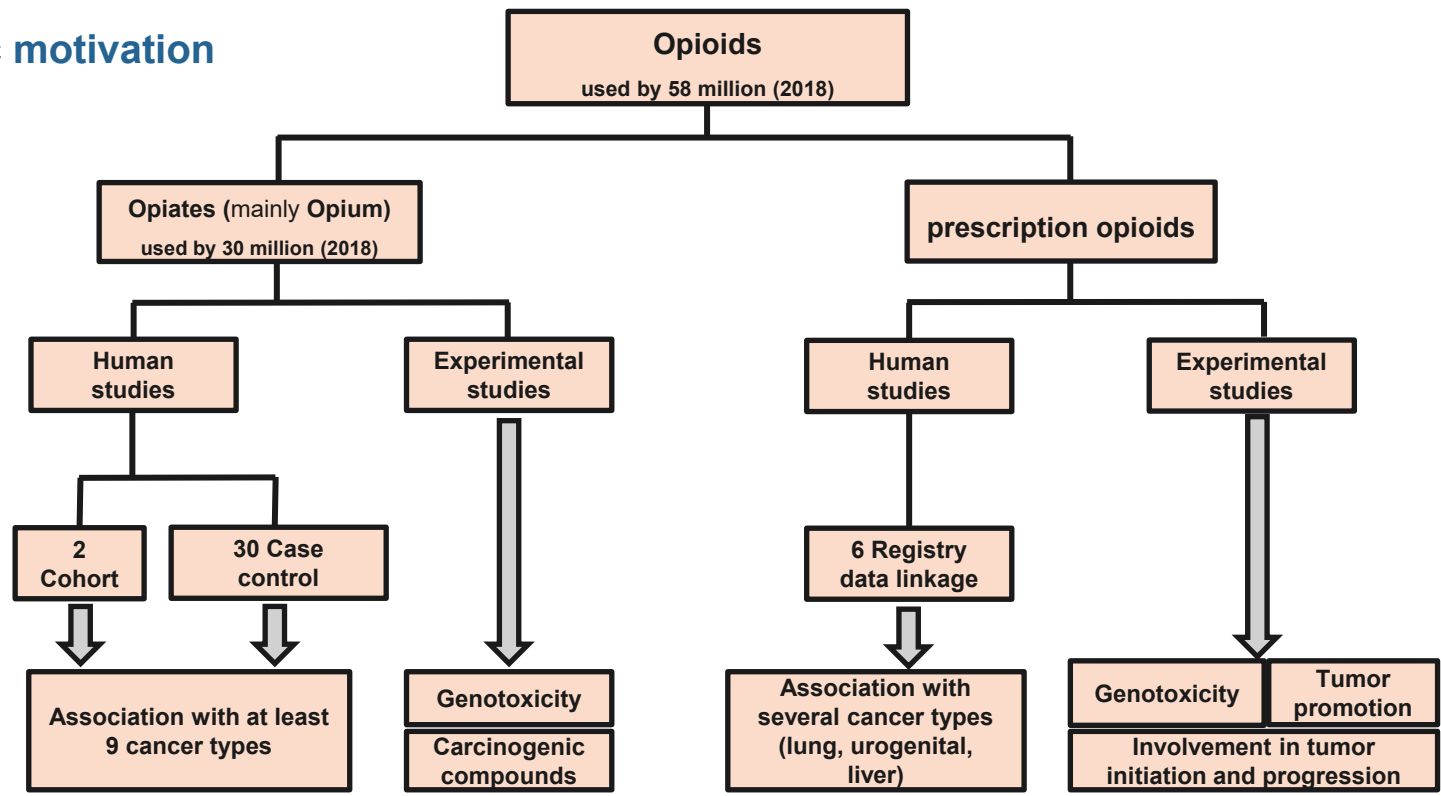
Benzhydrocodone, Desomorphine, Diamorphine, Dihydromorphine, Dihydrocodeine, Etorphine, Ethylmorphine, Hydrocodone, Hydromorphone, Nalbuphine, Nalorphine, Nicomorphine, Oxycodone, Oxymorphone,

Synthetic prescription opioids

Alfentanil, Alphaprodine, Alphacetylmethadol, Bezitramide, Buprenorphine, Butorphanol, Carfentanil, Dezocine, Dextromoramide, Dextropropoxyphene, Dihydroetorphine, Diphenoxylate, Dipipanone, DPDPE, Eluxadoline, Fentanyl, Ketobemidone, Levacetylmethadol, Levorphanol, Lofentanil, Meptazinol, Methadone, Methadyl acetate, Normethadone, Noscapine, Oliceridine, Papaveretum, Pentazocine, Pethidine (Meperidine), Piritramide, Phenazocine, Phenoperidine, Remifentanil, Sufentanil, Tapentadol, Thebaine, Tilidine, Tramadol



Scientific motivation



Opium consumption classified by IARC Monographs into Group1 / Carcinogen to humans



Many limitations in the current evidence on opioid effects

- Confounding effects and biases from linkage studies
- No opioid use data in most cohorts
- Limited number of opioid users in cohorts with opioid use data



Comprehensive consortium-based approach is needed

Overview of the Opioid Cohort Consortium (OPICO)

Grant support

- International Hundred K+ Cohort Consortium / Global Genomic Medicine Collaborative

Overarching aim

- To build a **strong international resource** for multidisciplinary scientific studies on the use of opioids and their long-term effects

Main exposure

- Use of natural opioids from questionnaire data
- Use of prescription opioids from medication questionnaire
- Use of prescription opioids from linkage to national medication dispensing records

Main outcomes

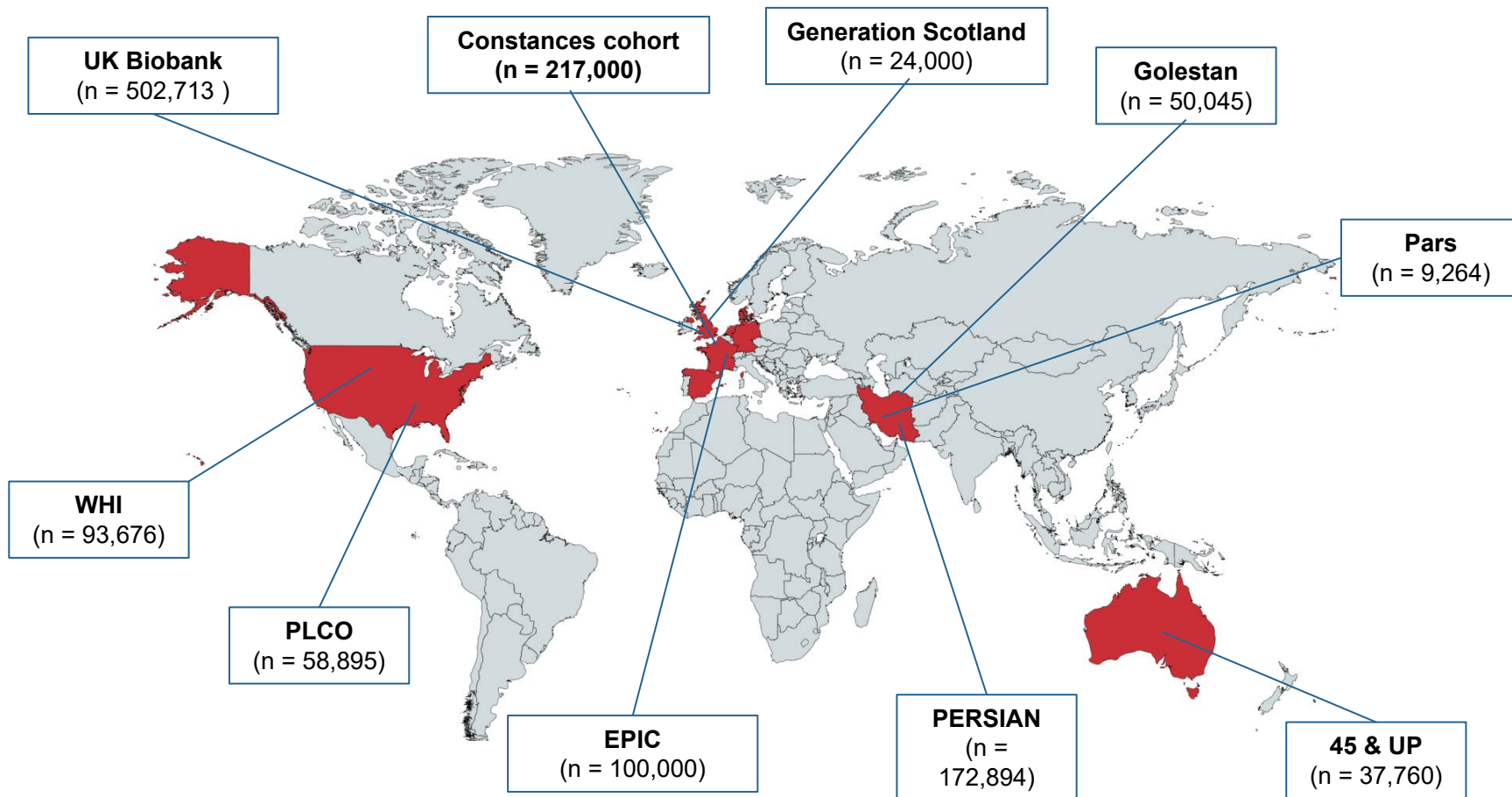
- **Cancer analysis:** diagnosis of any cancer type / digestive cancers / respiratory cancers / urinary tract cancers / brain cancer
- **Mortality analysis :** death from any cause / death from circulatory diseases / respiratory diseases / digestive diseases / cancer

Aims & Approach

- Organize data on opioid use from prospective cohorts
- Compile data on opioid use in cohorts through linkage to national records
- Assess the type, distribution, and extent of opioid use across diverse populations
- Determine the association of opioid use with cancer incidence and mortality



OPICO cohorts (n=1,266,247 participants)



Cohorts with medication data participating in OPICO

| Number of total participants and the subcategory of opioid users in the OPICO | | | | |
|---|------------------|--------------------------|-----------------|-----------------|
| Cohort Study | Participants (N) | Total opioid users N (%) | Medication data | Linkage source |
| Golestan cohort | 50,045 | 8,519 (17.0%) | Questionnaire | N/A |
| PERSIAN cohort | 172,894 | 21,557 (12.4%) | Questionnaire | N/A |
| 45 and up cohort | 37,760 | 8,603 (22.7%) | Linkage | PBS (Australia) |
| UK Biobank cohort | 502,713 | 25,864 (5.1%) | Questionnaire | N/A |
| Scottish Family Health Study | 24,000 | 2,082 (8.6%) | Linkage | SPI (Scotland) |
| Pars cohort | 9,264 | 818 (8.8%) | Questionnaire | N/A |
| PLCO Cancer Screening Trial | 58,895 | 25,187 (42.7%) | Linkage | Medicare (USA) |
| Women Health Initiative (WHI) | 93,676 | 8,430 (8.9%, estimated) | Questionnaire | N/A |
| EPIC | 100,000 | 4,000 (4%, estimated) | Linkage | Insurance Plan |
| CONSTANCES | 217,000 | 8,680 (4%, estimated) | Linkage | CNDS (France) |
| Total | 1,266,247 | 113,740 (8.9%) | | |



Progress since October 2020

- Ethical approval (IARC Ethics Committee, 4 Local Committees)
- Submitted formal applications for data use (7 of 10 cohorts)
- New cohorts joined the OPICO (2 cohorts)
- Harmonization protocols (in collaboration with 3 Pharmacoepidemiologists, 6 cohort representatives, 2 cancer epidemiologists, 2 clinicians, 1 statistician, 1 data manager)



Feasibility of compiling opioid use data in cohorts with linkage

Collaboration with:

- Cancer Council NSW, Australia (Prof. Canfell, Dr. Weber, Dr. Sarich)
- University of NSW Sydney (Prof. Pearson)

Australian 45 and Up Study

- Recruited 267,153 adults (2006 – 2009) / General population of NSW

Linked to the Pharmaceutical Benefits Scheme (PBS)

- Australia's national drug subsidy program



Considerations when compiling opioid use data in cohorts with linkage (1)

Defining **time for estimating opioid exposure from linkage** records

- To be able to **harmonize** the linkage-based data with questionnaire-based data
- To **minimize the possible misclassifications** in defining the exposure
- Most questionnaire-based cohorts have info about lifelong opioids use
- Linkage-based cohorts only have info for a specific period of individual's life span

Time defined: from 12 months before recruitment to 1 months after recruitment



Considerations when compiling opioid use data in cohorts with linkage (2)

Identification of the:

- policy of medication dispensing / subsidy program
- pricing of opioids at the time of cohort recruitment

Reasons:

- To minimize the possible misclassifications
- To identify the inclusion and exclusion criteria

Example from the [Feasibility Study](#):

Australia → co-payment program for prescriptions

- different thresholds for 'concessional beneficiaries' vs. 'general beneficiaries'

In 2008 (45 and up recruitment period):

- Co-payment for 'concessional beneficiaries' = \$5.00
- Co-payment for 'general beneficiaries' = \$31.30.
- Many opioid medications in Australia are priced \$20 - \$25
- These medications were not recorded in the linked national data source (PBS database) when dispensed to general beneficiaries.
- Only 37,760 participants who were concessional beneficiaries at recruitment were included
- We compiled opioid use for all included participants, of whom 8,603 (22.8%) were users of opioids





Plans for more funding support

- R01 grant application to the NIH – planned for early June
- Local funders (INCA in France, etc.)





Challenges and solutions

Challenge:

- Some included cohorts cannot send their linked data to IARC due to their national regulations for data protection and security

Solution:

- Using an additional distributed analysis model
- Analyze the data from these cohorts using the corresponding secure platform
- Perform meta-analyses using the aggregated outputs from these cohorts



Required data from cohorts to participate in OPICO

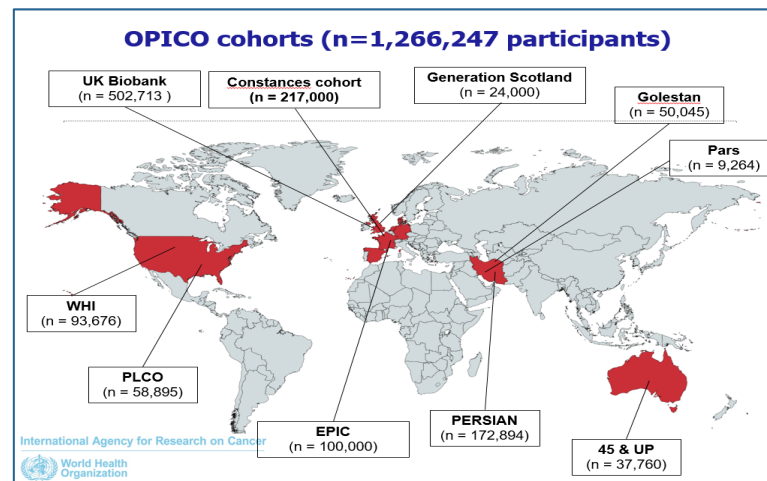
- Use of opioids**
 - questionnaires
 - data linkage to national records

- Outcomes at follow-up**
 - vital status
 - cause of death
 - diagnosis of cancer
 - type of cancer

- Dates or equivalent follow-up times**
- Demographics**
 - age
 - sex
 - ethnicity
 - socioeconomic indicator

- Smoking cigarettes**
- Alcohol intake**
- Chronic health conditions**
 - Diabetes
 - Hypertension
 - inflammatory conditions

Contribution to the OPICO



IARC / Genomic Epidemiology Branch

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